## Breakfast 7:00 am -10:00 am Mon-Fri

<table>
<thead>
<tr>
<th>Days</th>
<th>Menu Items</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday, Oct 10</td>
<td>Breakfast Burrito, Cinnamon Roll, Bran Muffin, Cranberry Orange Muffin, Coconut Bread, Streusel Coffee Cake, Fruit Smoothies</td>
</tr>
<tr>
<td>Tuesday, Oct 11</td>
<td>Ham 'n Egg McClone, Fried Egg Sandwich, Apple-Danish Stick, Sticky Rolls, Cranberry Orange Scone, Very Berry Muffin, Cream Cheese Coffee Cake, Fruit Smoothies</td>
</tr>
<tr>
<td>Wednesday, Oct 12</td>
<td>Crescent Egg &amp; Sausage Scramble, Cheese Danish Sticks, Cinnamon Roll, Banana Bread, Choc Cappuccino Muffin, Blueberry Coffee Cake, Fruit Smoothies</td>
</tr>
<tr>
<td>Thursday, Oct 13</td>
<td>Bagel Ham McClone, Bagel Egg McClone, Sticky Rolls, Chocolate Croissant, Morning Glory Muffins, Low Fat Poppy Seed Muffin, Cream Cheese Coffee Cake, Fruit Smoothies</td>
</tr>
<tr>
<td>Friday, Oct 14</td>
<td>Crescent Egg Scramble, Strawberry Cream Cheese, Croissant, Cinnamon Roll, Banana Bread, Cranberry Orange Scone, Streusel Coffee Cake, Fruit Smoothies</td>
</tr>
</tbody>
</table>

**Cycle 1 Rotation C Week 9**

**Note:** Indicates vegetarian item

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## LUNCH Open 10:30 am -2:00 pm Mon-Fri

<table>
<thead>
<tr>
<th>Days</th>
<th>Menu Items</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday, Oct 10</td>
<td>Louisiana Jambalaya, Baked Salmon, Vegetarian Jambalaya, Wild Rice Blend, Fresh Baby Carrots w/Dill Corn Bread Muffins, Quesadilla to Order w/ Citrus Chicken Carnitas &amp; Pork w/ Chili Sauce, Sweet Potato Quesadilla, Clamato Lime Rice, Omelettes to Order, Orange French Toast, Roast Pork Ham, Fresh Fruit Salad, Lyonnaise Potatoes, Indian Chicken Tikka Masala, Beef Brisket, Herb Roasted Potatoes, Four Cheese Macaroni, Fresh Grilled Asparagus Dinner Roll, Crispy Chicken Parmesan, Eggplant Parmesan, Cheese Tortellini, w/ Marinara Sauce, Fresh Squash Medley, Garlic Bread</td>
</tr>
<tr>
<td>Tuesday, Oct 11</td>
<td>Louisiana Jambalaya, Baked Salmon, Vegetarian Jambalaya, Wild Rice Blend, Fresh Baby Carrots w/Dill Corn Bread Muffins, Quesadilla to Order w/ Citrus Chicken Carnitas &amp; Pork w/ Chili Sauce, Sweet Potato Quesadilla, Clamato Lime Rice, Omelettes to Order, Orange French Toast, Roast Pork Ham, Fresh Fruit Salad, Lyonnaise Potatoes, Indian Chicken Tikka Masala, Beef Brisket, Herb Roasted Potatoes, Four Cheese Macaroni, Fresh Grilled Asparagus Dinner Roll, Crispy Chicken Parmesan, Eggplant Parmesan, Cheese Tortellini, w/ Marinara Sauce, Fresh Squash Medley, Garlic Bread</td>
</tr>
<tr>
<td>Wednesday, Oct 12</td>
<td>Louisiana Jambalaya, Baked Salmon, Vegetarian Jambalaya, Wild Rice Blend, Fresh Baby Carrots w/Dill Corn Bread Muffins, Quesadilla to Order w/ Citrus Chicken Carnitas &amp; Pork w/ Chili Sauce, Sweet Potato Quesadilla, Clamato Lime Rice, Omelettes to Order, Orange French Toast, Roast Pork Ham, Fresh Fruit Salad, Lyonnaise Potatoes, Indian Chicken Tikka Masala, Beef Brisket, Herb Roasted Potatoes, Four Cheese Macaroni, Fresh Grilled Asparagus Dinner Roll, Crispy Chicken Parmesan, Eggplant Parmesan, Cheese Tortellini, w/ Marinara Sauce, Fresh Squash Medley, Garlic Bread</td>
</tr>
<tr>
<td>Thursday, Oct 13</td>
<td>Louisiana Jambalaya, Baked Salmon, Vegetarian Jambalaya, Wild Rice Blend, Fresh Baby Carrots w/Dill Corn Bread Muffins, Quesadilla to Order w/ Citrus Chicken Carnitas &amp; Pork w/ Chili Sauce, Sweet Potato Quesadilla, Clamato Lime Rice, Omelettes to Order, Orange French Toast, Roast Pork Ham, Fresh Fruit Salad, Lyonnaise Potatoes, Indian Chicken Tikka Masala, Beef Brisket, Herb Roasted Potatoes, Four Cheese Macaroni, Fresh Grilled Asparagus Dinner Roll, Crispy Chicken Parmesan, Eggplant Parmesan, Cheese Tortellini, w/ Marinara Sauce, Fresh Squash Medley, Garlic Bread</td>
</tr>
</tbody>
</table>

**Note:** Indicates vegetarian item

## DINNER Open 5:00 pm -8:00 pm Mon-Fri

<table>
<thead>
<tr>
<th>Days</th>
<th>Menu Items</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday, Oct 10</td>
<td>Louisiana Jambalaya, Baked Salmon, Vegetarian Jambalaya, Wild Rice Blend, Fresh Baby Carrots w/Dill Corn Bread Muffins, Quesadilla to Order w/ Citrus Chicken Carnitas &amp; Pork w/ Chili Sauce, Sweet Potato Quesadilla, Clamato Lime Rice, Omelettes to Order, Orange French Toast, Roast Pork Ham, Fresh Fruit Salad, Lyonnaise Potatoes, Indian Chicken Tikka Masala, Beef Brisket, Herb Roasted Potatoes, Four Cheese Macaroni, Fresh Grilled Asparagus Dinner Roll, Crispy Chicken Parmesan, Eggplant Parmesan, Cheese Tortellini, w/ Marinara Sauce, Fresh Squash Medley, Garlic Bread</td>
</tr>
<tr>
<td>Tuesday, Oct 11</td>
<td>Louisiana Jambalaya, Baked Salmon, Vegetarian Jambalaya, Wild Rice Blend, Fresh Baby Carrots w/Dill Corn Bread Muffins, Quesadilla to Order w/ Citrus Chicken Carnitas &amp; Pork w/ Chili Sauce, Sweet Potato Quesadilla, Clamato Lime Rice, Omelettes to Order, Orange French Toast, Roast Pork Ham, Fresh Fruit Salad, Lyonnaise Potatoes, Indian Chicken Tikka Masala, Beef Brisket, Herb Roasted Potatoes, Four Cheese Macaroni, Fresh Grilled Asparagus Dinner Roll, Crispy Chicken Parmesan, Eggplant Parmesan, Cheese Tortellini, w/ Marinara Sauce, Fresh Squash Medley, Garlic Bread</td>
</tr>
<tr>
<td>Wednesday, Oct 12</td>
<td>Louisiana Jambalaya, Baked Salmon, Vegetarian Jambalaya, Wild Rice Blend, Fresh Baby Carrots w/Dill Corn Bread Muffins, Quesadilla to Order w/ Citrus Chicken Carnitas &amp; Pork w/ Chili Sauce, Sweet Potato Quesadilla, Clamato Lime Rice, Omelettes to Order, Orange French Toast, Roast Pork Ham, Fresh Fruit Salad, Lyonnaise Potatoes, Indian Chicken Tikka Masala, Beef Brisket, Herb Roasted Potatoes, Four Cheese Macaroni, Fresh Grilled Asparagus Dinner Roll, Crispy Chicken Parmesan, Eggplant Parmesan, Cheese Tortellini, w/ Marinara Sauce, Fresh Squash Medley, Garlic Bread</td>
</tr>
<tr>
<td>Thursday, Oct 13</td>
<td>Louisiana Jambalaya, Baked Salmon, Vegetarian Jambalaya, Wild Rice Blend, Fresh Baby Carrots w/Dill Corn Bread Muffins, Quesadilla to Order w/ Citrus Chicken Carnitas &amp; Pork w/ Chili Sauce, Sweet Potato Quesadilla, Clamato Lime Rice, Omelettes to Order, Orange French Toast, Roast Pork Ham, Fresh Fruit Salad, Lyonnaise Potatoes, Indian Chicken Tikka Masala, Beef Brisket, Herb Roasted Potatoes, Four Cheese Macaroni, Fresh Grilled Asparagus Dinner Roll, Crispy Chicken Parmesan, Eggplant Parmesan, Cheese Tortellini, w/ Marinara Sauce, Fresh Squash Medley, Garlic Bread</td>
</tr>
</tbody>
</table>

**Note:** Indicates vegetarian item

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## ADDITIONAL LUNCH AND DINNER ITEMS Mon-Fri

**Soap**
- Broccoli Cheese Soup in a Bread Bowl
- Cream of Tomato Soup
- Chili in a Bread Bowl
- Chicken Tortilla Soup
- New England Clam Chowder in a Bread Bowl

**Grill**
- German Burger w/ Muenster and Sauerkraut
- Cajun Chicken Sandwich
- Garden Vegetable Burger
- Mushroom Swiss Burger
- Fish Nuggets
- Deluxe Grilled Cheese
- Krinkle Cut Fries
- California Burger
- Chicken Breast on Bun
- Grilled Portobello Mushroom
- Curly Fries
- Pizza Burger
- Grilled Mesquite Chicken
- Bread on Bun
- Veggie Nuggets
- Potato Rounds
- Chicago Dog
- 1/3 lb Conversations’ Burger
- Vegetable Tofu Kabobs
- Batter Dipped Fries

**Deli**
- Apple Walnut Chicken Cabalita
- Italian Meatball Sub
- Egg Salad on Whole Grain Croissant
- Pitta Points & Hummus
- Italian Veggie Panini
- Seafood Salad on Coney Bun
- Shy High Beef & Cheddar on Cheddar Bun
- Pitta Points & Hummus
- Gourmet Cheese Panini
- Conversations’ Club, Roast Beef, Turkey, Capicola, Bacon & Swiss on Wheat
- Turkey & Chipotle Mayo Sandwich
- Pitta Points & Hummus
- Honey Mustard Chicken Panini
- Comed Beef & Swiss on Marble Rye
- BBQ Pork Sandwich on Kaiser Bun
- Pitta Points & Hummus
- Prime Rib & Provolone on Baguette
- Smoked Turkey BLT on Wheat Bread
- Ham & Swiss on Kaiser Bun
- Pitta Points & Hummus

**Coffee & Bakery**
- Hard Packed Ice Cream Milk Chocolate Chunk Cookie
- Scotcheroos
- Devil’s Food Cake
- Lemon Meringue Tart
- Fruit Smoothies
- Hard Packed Ice Cream PB Chocolate Chunk Cookie
- Frosted Yellow Cupcake
- Cherry Pie
- White Cake w/ Choc Frosting
- Fruit Smoothies
- Hard Packed Ice Cream Oatmeal Raisin Cookie
- Chocolate Cake w/PB Frosting
- Banana Bar
- Apple Crisp
- Fruit Smoothies
- Hard Packed Ice Cream Carnival Cookie
- Pumpkin Bar
- Chocolate Chip Cheesecake
- Rice Krispie Bar
- Fruit Smoothies
- Hard Packed Ice Cream Chocolate Chip Cookie
- M&M Chocolate Brownie
- Chocolate Chip Bar
- Jello Cake
- Fruit Smoothies

**LUNCH, DINNER, AND LATE NIGHT Open 10:00 am - 8:30 pm Mon-Thuurs, 10:00 am - 8 pm Friday**

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**Updated 7/21/2011**

**ISU Dining: Conversations Fall 2011 Menu (Variety Coffees, Assorted Beverages, Bruegger’s Bagels, Breakfast Bars, Yogurt Parfaits, Fresh Fruit, & Cereals Available Daily)**