**ISU Dining-UDM Marketplace Fall 2009 Menu**

**8/19/09**

### Monday, Oct 12
- **Breakfast**: Buttermilk Pancakes, Sausage Pattie Grilled Hashbrowns, Waffles with Syrup
- **Lunch**: Sausage Egg Casserole, Breakfast Pizza, Malt-O-Meal
- **Dinner**: Buttermilk Pancakes, Malt-O-Meal, Fried Eggs

### Tuesday, Oct 13
- **Breakfast**: Sausage Patties Cream of Wheat, Fried Eggs, Hashbrown Broccoli Quiche
- **Lunch**: Sausage Links Malt-O-Meal, Fried Eggs, Hashbrown Squares
- **Dinner**: Carved Ham, Sausage Gravy over Biscuit, Eggplant Parmesan

### Wednesday, Oct 14
- **Breakfast**: Fried Eggs, Hashbrown Squares, Omelet to Order Cinnamon Roll
- **Lunch**: Chicken Parmesan, Omelet to Order, Grilled Salmon Mashed Potatoes
- **Dinner**: Baked Ham w/Apricot Glaze, Rice Krispie Bar, Macaroni & Cheese

### Thursday, Oct 15
- **Breakfast**: Omelet to Order Cherry Sticks, Ham & Egg McClone Fried Egg Sandwich Potato Rounds
- **Lunch**: Sausage Gravy over Biscuit, Sliced Beets, Penne Alfredo
- **Dinner**: Chicken Fajita Wrap, Beef & Cheddar Wrap, Quesadilla to Order

### Friday, Oct 16
- **Breakfast**: Omelet to Order Chocolate Cappuccino Muffin, Omelet to Order Apple Nut Bread / Bran Muffin
- **Lunch**: Beef Teriyaki, Chicken & Broccoli Stir Fry, Beef & Cheddar Wrap
- **Dinner**: Beef & Cheddar Wrap, Quesadillas to Order, Beef Ravioli

### Saturday, Oct 17
- **Breakfast**: Omelet to Order Apple Nut Bread / Bran Muffin, Omelet to Order Mediterranean Frittata
- **Lunch**: Apple Nut Bread / Bran Muffin, Grilled Shashbrowns, Fried Okra
- **Dinner**: Sliced Dilled Carrots, Sliced Dilled Carrots, Sliced Dilled Carrots

### Sunday, Oct 18
- **Breakfast**: Omelet to Order Apple Nut Bread / Bran Muffin, Omelet to Order Beef Ravioli
- **Lunch**: Grilled Shashbrowns, Fried Okra, Sliced Dilled Carrots
- **Dinner**: Sliced Dilled Carrots, Sliced Dilled Carrots, Sliced Dilled Carrots

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**Indicates vegetarian item**

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### Notes
- **Closed**
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**Farmers Market**
- Chicken Tortilla Soup
- Canadian Cheese Soup
- Tangy Bacon Salad
- Minestrone Soup
- Black Bean Soup
- Fresh Fruit Tray
- Butternut Squash Soup
- Hearty Vegetable Soup
- Single-Serve Tray
- Chili Mexican Soup
- Mandarin Orange Salad
- New England Clam Chowder
- Black Bean Soup
- Strawberry Spinach Salad
- Harvest Vegetable Soup
- Cream of Potato Soup
- Broccoli Cheese Soup
- Chicken Caesar Salad

**Fresh Choice Deli**
- Vegetarian Wrap on request
- Deli Sandwiches to Order, Beef & Cheddar Wrap, Bacon Turkey Wrap
- Deli Sandwiches to Order, Honey Mustard Chicken Wrap, Bacon Turkey Wrap
- Deli Sandwiches to Order, Apple Walnut Chicken Wrap, Bacon Turkey Wrap
- Deli Sandwiches to Order, Spinach Sunflower Wrap, Bacon Turkey Wrap
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**Backyard Grill**
- Greek Chicken Breast w/Bun Ham & Turkey Melt
- Garden Vegetable Burger
- Krinkle Kut Fries
- 1/4 lb. Hamburger
- Grilled Cheese
- Black Bean Burger
- Cris Cut Fries
- Hot Dogs
- Cheese Fries
- Beef Hot Dog on Bun
- Veggie Dog on Bun
- Seasoned Curly Fries
- Chicken Tenders
- Popcorn Shrimp
- Black Bean Fajitas
- Sweet Potato Fries
- Chicken Fajita Wrap
- Beef & Cheddar Wrap
- Quesadilla to Order
- Beef & Cheddar Wrap
- Sliced Beef
- Beef & Cheddar Wrap

**Oreganos**
- Pasta Bar BLT Pizza
- Three Cheese Pizza
- Beef Ravioli
- Pasta Bar Chicken Alfredo Pizza
- WW Vegetable Pizza
- Cheese Maroncini
- Pasta Bar Sausage & Peppers Pizza
- Mushroom/Tom Olive Pizza
- Spaghetti Carbonara
- Pasta Bar Sausage Mushroom Pizza
- Greek Pizza
- Cavinati
- Pasta Bar Meat Lovers Pizza
- Vegetarian Taco Pizza
- Bowtie Primavera
- Pasta Bar Fresh Tart Provense
- Supreme Pizza
- Beef Lasagna
- Cheese Lasagna

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**Cycle 1 Rotation C Week 9**