## Mediterranean Frittata
- Scrambled Eggs
- Sausage Gravy over Biscuit
- Hot Omeatmeal

## Apple Cinnamon Pancakes
- Buttermilk Pancakes
- Sausage Pattie Grilled Hashbrowns
- Sausage Links Hashbrown Squares
- Fried Eggs

## Scrambled Eggs
- Fried Eggs
- Hash Brown Broccoli Quiche
- Sliced Bacon
- Cream of Wheat

## Wok Your Way
- Omelets to Order
- Omelet Muffin
- Sausage Pattie
- Cranberry Orange Muffin

## Backyard Grill
- Texas French Toast
- Potato Rounds
- Breakfast Pancakes
- Hashbrown Squares
- Orange French Toast
- Potato Rounds

## Mediterranean Cuisine Night
- Mediterranean Frittata
- Apple Cinnamon Pancakes
- Sausage Pattie
- Hashbrown Squares

## LUNCH: Open 10:30-2:30 Mon-Fri 11:00-2:00 Weekends & Holidays

### Country Cuisine
- Beef Stroganoff
- Portobello Mushroom
- Stroganoff
- Baked Lemon Pepper Pollock
- Egg Noodles
- Sliced Dilled Carrots
- Petite Green Beans
- Dinner Roll
- Cilantro Lime Chicken
- Spanikopita
- Rice Pilaf
- Grilled Vegetables
- Escalloped Apples
- Dinner Roll
- Meatloaf
- Vegetable Jamabalya
- Steamed Rice
- Roasted Red Potatoes
- Green Peas
- Sicilian Vegetables
- Dinner Roll
- Flatbreads w/Creole Sauce
- Vegetable Stuffed Shells
- Panfried Potatoes
- Green Bean Casserole
- California Vegetables
- Dinner Roll

### Country Cuisine **Premium Entree Program**
- Herb Baked Chicken
- Mashed Potatoes
- Chicken Gravy
- Riviera Blend Vegetables
- Sliced Dilled Carrots
- Spanish Cuisine Night
- Paella or Chorizo
- Spicy French Dip w/Artichoke Cheese
- Mustangato
- Roasted Red Potatoes
- Parmesan Potatoes
- Meatloaf
- Vegetable Jamabalya
- Roasted Red Potatoes
- Sicilian Vegetables
- Petite Green Beans

### Sweet Temptations
- Milk Chocolate Chunk Cookie
- Scotcheroos
- Pizz Choc Chunk Cookie
- Yellow Cupcake/Choc Frosting
- Oatmeal Raisin Cookie
- Lemon Bar
- Oatmeal Muffin
- Banana Bread
- Blueberry Pancakes
- Buttermilk Pancakes
- Ham 'n Egg McClone
- Fried Egg Sandwich

### Dinner Roll
- Baked Ham w/Apricot Glaze
- Mashed Potatoes
- Ham Gravy
- Squash Medley
- Squash Medley
- Carrot & Cauliflower
- Sushi Bar
- Meat Lovers Pizza
- BBQ Chicken Tofu Kabob
- Krinkle Kut Fries

### Sweet Temptations
- Devil's Food Cake
- Lemon Meringue Tart
- Chocolate Chip Cookie
- Lemon Frosting
- White Cake
- Chocolate Chip Cookie
- Apple Crisp
- Chocolate Chip Cookie
- White Cake/Choc Frosting
- Apple Crisp

### ADDITIONAL LUNCH AND DINNER ITEMS
- Chicken Tortilla Soup
- Corn Chowder Soup
- Tangy Bacon Salad
- Chili
- Chicken of Tomato Soup
- Chef Salad
- Beef Stro Fry Soup
- Mashed Potatoes
- Beef Stroganoff
- Mashed Potatoes
- Whole Kernel Corn
- Fried Chicken
- & Fried Olara
- Hoppin's John

### Farmers Market
- Chicken Tortilla Soup
- Corn Chowder Soup
- Tangy Bacon Salad
- Chili
- Chicken of Tomato Soup
- Chef Salad
- Beef Stro Fry Soup
- Mashed Potatoes
- Beef Stroganoff
- Mashed Potatoes
- Whole Kernel Corn
- Fried Chicken
- & Fried Olara
- Hoppin's John

### ADDITIONAL LUNCH AND DINNER ITEMS
- Beef Teriyaki
- Vegetable Quesadilla
- Quesadillas to Order
- Baked Potato Order
- Shanghai Fried Rice
- Mongolian Bar
- Beef Tacos
- Refried Beans
- Beef Quesadilla
- Quesadillas to Order
- Nacho Cheese
- Taco Pizza
- Fresh Tart Provencal
- Cheese Pizza

### Fresh Choice Deli
- Vegetable Wrap on request
- Deli Sandwiches to Order
- Beef & Cheddar Wrap
- Deli Sandwiches to Order
- Black Bean & Cheese Wrap
- Chicken & Broccoli Stir Fry
- Beef Quesadilla
- Quesadillas to Order
- Nacho Cheese
- Chicken Fajita Wrap
- Grilled Cheese
- Chicken Fajita Wrap
- Popcorn Shrimp
- Black Bean Fajitas
- Sweet Potato Fries
- 1/2 Hamburger
- Fried Chicken
- Portobello Burger
- Onion Rings

### Backyard Grill
- Greek Chicken Breast w/Bun
- Ham & Cheese
- Garden Vegetable Burger
- Krinkle Kuf Fries
- Turkey Hamburger
- Beef Hot Dog on Bun
- Black Bean Burger
- Cris Cut Fries
- Pork Rib Sandwich
- Eggplant Burger
- Battered Dipped Fries
- Italian Sausage
- Pasta Bar
- Beef Alfredo Pizza
- WW Vegetable Pizza
- Fettuccine Casserole
- Pasta Bar
- Sausage Pepperoni Pizza
- Mushroom/Tom/Olive Pizza
- Cheese Marciotto
- Pasta Bar
- Sausage Pepperoni Pizza
- Mushroom/Tom/Olive Pizza
- Cheese Marciotto
- Pasta Bar
- Sausage Pepperoni Pizza
- Mushroom/Tom/Olive Pizza

### Oreganos
- Pasta Bar
- Buffalo Chicken Pizza
- Cheese Pizza
- Beef Ravioli
- Pasta Bar
- Chicken Alfredo Pizza
- WW Vegetable Pizza
- Fettuccine Casserole
- Pasta Bar
- Sausage Pepperoni Pizza
- Mushroom/Tom/Olive Pizza
- Cheese Marciotto
- Pasta Bar
- Sausage Pepperoni Pizza
- Mushroom/Tom/Olive Pizza
- Cheese Marciotto
- Pasta Bar
- Sausage Pepperoni Pizza
- Mushroom/Tom/Olive Pizza

### Cycle 1 Rotation B Week 5

<table>
<thead>
<tr>
<th>Date</th>
<th>Meal</th>
<th>Item Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday, Feb 1</td>
<td>Breakfast</td>
<td>Fried Eggs, Hash Brown Broccoli Quiche, Sliced Bacon, Cream of Wheat</td>
</tr>
<tr>
<td>Tuesday, Feb 2</td>
<td>Breakfast</td>
<td>Hard Cooked Eggs, Breakfast Pizza, Sausage Links, Malt-O-Wheat</td>
</tr>
<tr>
<td>Wednesday, Feb 3</td>
<td>Breakfast</td>
<td>Fried Eggs, Sausage Egg Casserole, Sausage Patties, Cream of Wheat</td>
</tr>
<tr>
<td>Thursday, Feb 4</td>
<td>Breakfast</td>
<td>Poached Eggs, Waffles with Cream, Grilled Ham, Hot Oatmeal</td>
</tr>
<tr>
<td>Friday, Feb 5</td>
<td>Breakfast</td>
<td>Scrambled Eggs, Buttermilk Pancakes, Sausage Links, Hashbrown Squares</td>
</tr>
<tr>
<td>Saturday, Feb 6</td>
<td>Breakfast</td>
<td>Mediterranean Frittata, Apple Cinnamon Pancakes, Sausage Pattie, Hashbrown Grilled</td>
</tr>
<tr>
<td>Sunday, Feb 7</td>
<td>Breakfast</td>
<td><strong>Closed</strong></td>
</tr>
</tbody>
</table>

**Notes:**
- **Closed** indicates the specific item or service is not available.
- The **Premium Entree Program** offers a selection of dishes with enhanced flavors and ingredients.
- **Wok Your Way** provides a variety of customizable options like omelets, omelet muffins, and sausage patties.
- **Backyard Grill** offers a diverse range of options from Greek to Italian-inspired dishes.
- **Sweet Temptations** provide a choice of sweet treats like cookies, muffins, and pies.
- **Farmers Market** includes a variety of fresh and healthy options like soups and salads.
- **Fresh Choice Deli** offers deli-style sandwiches, wraps, and fresh fruit.
- **LUNCH** is served Monday to Friday from 10:30 AM to 2:30 PM, and on weekends from 11:00 AM to 2:00 PM.